



Skin Care for Your Skin Type

Creating a skincare routine that works for your skin type is not always an easy task, but we are here to help you out. Plus - we want you to be using GOOD-FOR-YOU ingredients. Sadly, most of the conventional products available to you in today's world contain some pretty scary things.

Toxins exist in everyday products like shampoo, soap, air fresheners, laundry detergent, lotions, makeup, and even skincare products! When these toxins start to accumulate in our bodies, you may start to experience symptoms of toxic overload such as fatigue, insomnia, anxiety, depression, digestive issues, brain fog, skin issues, hormone disorders, and more. Nobody wants that!

Slowly ditching the products and substances that present *risks* to your body and replacing them with products and substances that provide *nourishment* and work alongside your body's natural abilities can truly make a difference!

That's why we want you to learn about Young Living's essential-oil infused, top-of-the-line skincare systems. They're made to support the body, rather than work against it. That sounds like a winner to me! How about we go ahead and dive in?

Quality Matters



Now, when we are talking about essential-oil infused products, I don't just mean any 'ol oils. I mean Young Living essential oils. Why? Not all essential oils are *quality* essential oils. You don't want to waste your hard-earned money on something that could potentially do you more harm than good. Right?

Young Living is the ONLY company to back their items with a Seed to Seal quality commitment. You can rest assured that you're getting a quality product made with the highest quality essentials oils and other naturally-derived ingredients.

Check out some of the strict guidelines they abide by to fulfill their promise in sending only the best products to your home.

- plant material that is grown on corporately-owned farms or carefully vetted partner farms (that you CAN visit!)
- sustainable farming and sourcing practices, providing the purest oil
- great care taken to preserve and protect natural resources
- hand-weeded fields and ZERO use of pesticides
- oils that retain all their natural constituents and beneficial properties
- use of food-grade distillers with state-of-the-art design and distillation methods
- low pressure and low temperature distillation, without the use of solvents or synthetic chemicals
- rigorous testing on each batch by internal labs and third-party facilities
- oils that are carefully reviewed through every step of production in order to meet or exceed industry safety and purity standards (beyond organic!)

And the best part... if the oils do not meet these high standards they are rejected and will not be bottled as a Young Living product. Check out more info on their Seed to Seal promise at www.seedtoseal.com.

What's your skin type?

Before we dive in, let's figure out what type of skin you have.



- **Normal:** Firm, supple, equal balance
- **Oily:** Large pores, easily develops blemishes, maintains its youthful appearance well
- **Dry:** Scaly, lacking natural oils, sensitive - especially in harsh weather
- **Combination:** Dry skin with shiny oily areas (forehead, chin, nose); difficult to maintain
- **Mature:** Loses its elasticity, prone to wrinkles & damage, needs hydration & nourishment

Three Main Steps to a Skincare Routine

Now that you have an idea of your skin type, let's talk about the three main steps to your skincare routine. You can always modify this to your liking as you find what works for you, but this should at least give you a core routine to start with:

1. **Cleansing** - washing your face. This helps you get rid of environmental pollutants and dirt you come into contact with on a regular basis.
2. **Toning** - balancing the pH of the skin. This also helps remove excess oils and any dirt/makeup left after cleansing.
3. **Moisturizing** - hydrating and softening the skin. This also helps prevent water loss through the skin. We naturally lose the ability to retain moisture as we age, so adding in a moisturizer, no matter your skin type, can help complement the skin's natural protective oils.



And guess what? Young Living's skincare systems take care of all three of these! Score! The goal with establishing a skincare routine is to maintain a healthy complexion and maximize the health of your skin long term. Also, the idea is to create a consistent routine, not a sporadic one, so you can reap the benefits of consistency. Ready to take a look at the three incredible systems Young Living has to offer you?

The BALANCE Collection



This collection is designed for youthful skin prone to oil build-up and breakouts.

The BALANCE collection includes BALANCE Cleanser, BALANCE Dual-Phase Toner, and BALANCE Mattifying Lotion to make skin care simple and effective enough that it will stop being a nightly chore and become a treasured moment of clarity. It is a clinically tested, non-comedogenic, and non-acnegenic system (shouldn't clog pores or trigger acne) that will help improve oily and blemish-prone skin with noticeable results in as little as 30 days. Amazing!

This simple, three-step system harnesses the strongest naturally-derived ingredients for oily and blemish-prone skin and uses them at the most effective clinical testing levels, so you can feel confident in your own skin. Yes please! Now let's take a look at the three products that make up this system.

The BALANCE Cleanser is a gentle, foaming gel that deep cleans pores and reduces surface oils for balanced-looking skin.

The BALANCE Dual-Phase Toner reduces the appearance of pores in only 15 minutes, provides an eight-hour mattifying effect, balances the skin's microbiome, and helps minimize the appearance of blemishes with gentle, naturally-derived ingredients.

The BALANCE Mattifying Lotion helps absorb excess oil, reduce the appearance of pores and blemishes, and provide an instant mattifying effect that controls shine all day.

The BLOOM Collection



This collection is designed to brighten dull skin for a hydrated glow.

The BLOOM Brightening Skin Care Collection is infused with the most advanced natural ingredients available to brighten the skin's appearance and add natural radiance. BLOOM products are formulated free of synthetic fragrance - just one more expression of their unwavering commitment to clean beauty. Featuring the Sheerlume Brightening Complex, the BLOOM Brightening Collection is loaded with antioxidants to help intensify hydration, minimize the appearance of future damage, and help improve the appearance of an even skin tone.

The BLOOM collection is formulated with pili pulp oil sourced directly from the Happy Pili Tree Farm and Distillery in the Philippines, cultivated and crafted according to Young Living's exacting Seed to Seal quality commitment. Native to Southeast Asia, pili pulp oil offers major moisturizing benefits for the skin. Amazing!

The collection consists of these three products:

- BLOOM Brightening Cleanser

- BLOOM Brightening Essence
- BLOOM Brightening Lotion

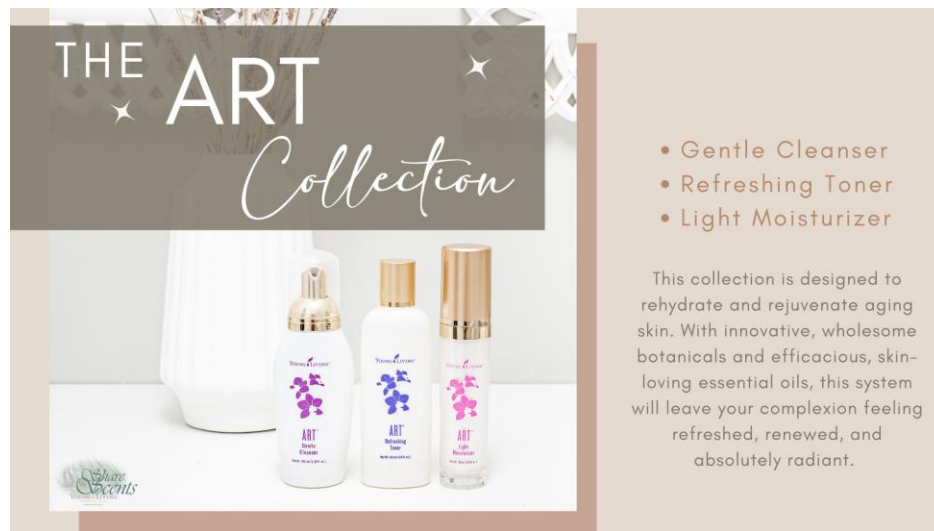
The Brightening Cleanser is a naturally derived facial wash that reveals radiant skin and leaves your face feeling fresh and smooth. It's powered by plumeria flower extract, sodium hyaluronate, and pracaxi seed oil that helps to both cleanse and hydrate the skin.

The Brightening Essence is a luminous, gel-textured essence that infuses moisture into skin, refining skin's look and texture. Its pH balance-restoring formula supports skin barrier function, reduces the appearance of pores, and leaves your skin refreshed and radiant.

The Brightening Lotion features the Sheerlumé Brightening Complex and is infused with the most advanced natural ingredients available, brightening the skin's appearance while boosting natural radiance.

Also - on the inside of every BLOOM by Young Living carton, you'll find a color and cut-out flower activity to encourage the reuse of packaging and to help spread the message of reducing waste. How incredible!

The ART Collection



This collection is designed to rehydrate and rejuvenate aging skin.

Young Living's ART Skin Care System consists of three luxurious products you are sure to love - the ART Gentle Cleanser, the ART Refreshing Toner, and the ART Light Moisturizer. They can be purchased in this convenient bundle or individually.

The ART Skin Care System uses naturally derived ingredients to safely and effectively cleanse, tone, and moisturize your skin to enhance your natural beauty. With innovative, wholesome botanicals and efficacious, skin-loving essential oils, this system can serve as a foundation to your personal regimen. Much like an artist prepping a canvas, Young Living's works of ART will leave your complexion feeling refreshed, renewed, and absolutely radiant.

The ART Gentle Cleanser promotes glowing skin by washing away impurities with a soft, gentle lather. The ART Refreshing Toner can help balance your skin's pH levels, reduce the appearance of pores, and completely remove any residual particles that cleansing may have missed. The ART Light Moisturizer delivers lightweight moisturization and helps reduce the appearance of fine lines and wrinkles. It helps your skin retain and maintain proper hydration throughout the day or night. I'm telling you - your face is going to feel amazing!

There are a few more ART products that are sure to complement this collection. Check them out here: https://www.youngliving.com/en_US/products/c/beauty/art.

Which one is right for me?

Ok, I know that was a lot to digest, so let's recap a little so you can pick the best system for your skin type...



As you can see, no matter which system you choose to try, you are getting INCREDIBLE products made with your skin health in mind. I have personally used the ART and BLOOM products and love them both. I also absolutely love the ART Renewal Serum and the CBD Beauty Boost. You may even decide to mix and match! Be sure to get them added to your loyalty rewards order so you never run out and that skincare routine can stay as consistent as possible.

Get the Best Deal



I want to be very upfront with you on HOW you can get these skincare collections (and the rest of Young Living's amazing products) for the best price possible! What kind of friend would I be if I didn't tell you how to get the best deal?!

If you've never set up a YL account before, shoot me a message and let's schedule your personal skin care consultation. Then go [HEREHERE](#) and I will walk you through it.



Thank you so much for jumping in here with me and taking a look at what Young Living has to offer in the skincare department. I truly believe products like these need to be in every home, starting with yours and mine!

A Few Side Notes



- Information obtained here is meant for educational and informational purposes ONLY, and to motivate and empower you to make your own wellness journey based on your own research and partnership with your healthcare provider.
- The statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.
- [ShareScents](#)
- Visit my new website and create your free personal profile to get access to the educational resources to help you learn more about natural wellness. You'll get a notification each time something is added to the community pages in the vault. I am out there looking for some great content and resources to help you along in your wellness journey. This is a place where you can browse at your leisure and find topics that interest you.

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